



At Nonsuch, we are committed to supporting the whole child to feel safe, supported and secure. Please see below our graduated approach to supporting children with mental health difficulties:

Wave of Intervention	What?	By Whom?
<p style="text-align: center;">Wave 1</p>	<ul style="list-style-type: none"> • Daily greeting – speak personally to every child • Emotional check-in (time spent with TA to talk in the morning) – particular children who may have raised concern • Mindfulness / breathing – PSHE (Jigsaw) curriculum • Collective Worship / Reflection • Class teacher conversations with parents to share concerns • Book corner – quiet reading time • Attendance monitoring – identifying patterns to absence • Emotion cards – red, amber, green – non verbal signal • Attendance Monitoring – Early Help support • Whole school themes e.g. Anti-bullying week 	<ul style="list-style-type: none"> • Class teacher • Teaching assistants • Inclusion Lead (Ms Joyce) • SLT
<p style="text-align: center;">Wave 2</p>	<ul style="list-style-type: none"> • Bereavement – memory books & stories • Inclusion Lead– 1:1 basis – if concerns have been raised at emotional check in or in class diary • Three Houses • Mental Health Leader’s conversations with parents • Mental Health training for staff e.g. Anxiety, ACES, Attachment • School website - dedicated page for Emotional Wellbeing and Emotional/Mental Health • Inclusion Lead involvement (Ms Joyce) – conversations / meetings with parents • Liaison with outside agencies (Multi-agency approach) e.g. FSW / social workers 	<ul style="list-style-type: none"> • Ms Joyce (Inclusion Lead) • Mrs Anderton (mental health for children trained)
<p style="text-align: center;">Wave 3</p>	<ul style="list-style-type: none"> • Outside agency referrals – e.g. Spurgeons / Barnardoes / Emotional Wellbeing Worker • Think Family / Request for Service referrals – family support • Early Help assessments • Child and young person Mental Health First Aider Training – Ms Joyce and Mrs Anderton • Adult Mental First Aider training – Mrs Roberts and Mr Kelly 	<ul style="list-style-type: none"> • Ms Joyce (Inclusion Lead)